

Effect of IFN γ on caspase-3, Bcl-2 and Bax expression, and apoptosis in rabbit placenta[☆]

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Abstract

The purpose of this study was to determine whether apoptosis in placenta was affected by IFN γ , which can induce abortion, and whether the effect of IFN γ on apoptosis resulted from an intrinsic program of apoptosis, which was regulated by Bcl-2 and Bax. DNA fragmentation analysis indicated that cleavage of DNA into 180 bp and its polymers were recognized in placenta in control and IFN γ treated groups. Quantitative analysis of low molecular weight fragments of DNA revealed a significant increase in cases of 100,000 IU IFN γ treatment compared with those in normal pregnancy ($P < 0.05$). An analysis in situ revealed that apoptosis occurred predominantly in syncytiotrophoblast. Expression of Bcl-2 and Bax in placenta was evaluated by immunoblot analysis and immunohistochemistry study. Bcl-2 was expressed predominantly in syncytiotrophoblast, and was not expressed in cytotrophoblast of all cases. Whereas Bax was expressed in cytotrophoblast, syncytiotrophoblasts were found to be negative for Bax protein expression in all cases. Both Bcl-2 and Bax expression was decreased 0.44 fold and 0.46 fold by 50,000 IU IFN γ and 0.41 fold and 0.03 fold by 100,000 IU IFN γ . This resulted in change of a 0.07 fold increase in the Bax : Bcl-2 ratio in 50,000 IU IFN γ treated groups and 0.41 fold increase in 100,000 IU IFN γ treated groups as compared with those in control groups. The difference in Bax to Bcl-2 ratio between control and 100,000 IU IFN γ treated groups was significant ($P < 0.05$). The localization of caspase-3, the executioner of apoptosis, was detected in some cytotrophoblast and syncytiotrophoblast and increased 0.03 fold and 0.68 fold in 50,000 IU IFN γ and 100,000 IU IFN γ treated groups, respectively. There was significant difference between control and 100,000 IU IFN γ treated groups ($P < 0.05$). The results showed that high dose of IFN γ administration increased the extent of apoptosis in placenta, the Bax to Bcl-2 ratio, and the activated caspase-3.

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1. Introduction

Apoptosis is an intrinsic cellular mechanism leading to self-destruction of a cell [1,2]. It is a normal physiological phenomenon that is required in embryo-

genesis and cellular stresses to remove injured cells and to counter abnormal cell proliferation in different pathological situations [2,3]. The mechanisms responsible for regulating apoptosis involve a precisely controlled series of steps that have been remarkably conserved through evolution and that become activated in the cell poised to die [4–6]. Expression of proto-oncogene, Bcl-2, and its related protein, as well as Bax, plays important roles in those mechanisms.

Bcl-2 functions to prevent cell death, whereas Bax, which forms hetero-dimers with Bcl-2, appears to accelerate the cell death signal [7]. The ratio of anti-apoptotic Bcl-2 to pro-apoptotic Bax determines the susceptibility of a given cell to apoptosis [5]. However,

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Bcl-2 and Bax may also function independently to control cell death [8,9]. Multiple Bcl-2 related proteins have been identified in humans, highlighting the complexity of apoptosis regulation [10].

Cell execution of apoptosis process is accomplished by activation of caspases, a family of cysteine proteases which are regulated by Bcl-2 family members and which serve as the final effectors in apoptosis [4–6,11]. The enzymes are an evolutionarily conserved, constitutively expressed group of proteases with specificity for aspartic acid residues in their substrate [12]. Phylogenetic analysis has revealed that caspases may be grouped into two major subfamilies: the ICE and CED-3 subfamilies. Members of the ICE subfamily (caspases 1, 4, 5, 11–13) may have subsidiary roles in pro-inflammatory events such as cytokine mobilization, whereas members of the CED-3 subfamily (caspases 2, 3, 6–10 and 14) are primarily involved in apoptosis [13]. Huppertz et al. [14] reported that caspases 3, 6–8 and 10 are expressed in placenta. Caspase-3, considered as one of the central executioner molecules, is responsible for cleaving various proteins thereby disabling important cellular structural, functional and repair processes.

Placenta regulates maternal–fetal gas, nutrient and waste product exchange. In the recent reports, apoptosis is identified in the trophoblast of human placenta villi and apoptotic mechanisms play a central role in placenta turnover [15,16]. A higher-than-normal incidence of apoptosis was detected in placentae of pregnancies complicated by intrauterine growth restriction and/or spontaneous abortion [17]. Dysregulation of apoptosis in this key cellular interface might be a primary pathological event.

Interferon gamma (IFN γ), a product of activated T lymphocytes and natural killer (NK) cells, is best known for its immunological functions. It has been widely applied to cure many viral diseases including hepatitis [18], human immunodeficiency [19] and cervical intra-epithelial neoplasia [20]. However, the application of IFN- γ to pregnant female would exert its deleterious effect on pregnancy. Several papers suggested that administration of IFN- γ resulted in miscarriage in rat [21], increased abortion rate as high as 75% in cross pairings of two strains of mice (CBA \times DBA) [22] and made a drop of 80% embryo implantation rate in rabbit [23]. The role of IFN γ in pregnancy has not been studied in detail, but some papers suggest that IFN γ can enhance the effect of TNF α by inducing apoptotic cell death in cultured trophoblast cells [24] and IFN γ can induce apoptosis in differentiated human leukemic B cell lines [25]. Taken together, we speculated that IFN γ might increase apoptotic cell death in placenta and the effect might result from the increase of Bax to Bcl-2 ratio. To test this hypothesis, we studied the influence of IFN γ on the extent of apoptosis in placenta and the expression of Bcl-2, Bax and active caspase-3.

2. Materials and methods

2.1. Animals

Nine sexually mature healthy female rabbits (Newsland) were subjected to this study. Individual estrous female rabbits were caged overnight with a Newsland male rabbit. The next day was designated as day 1 (g.d. 1) of pregnancy.

2.2. Treatment groups

Pregnant rabbits received vaginal edge muscular injections of 50,000 or 100,000 IU recombinant IFN γ (Boeringer Mannheim, Mannheim, Germany) at g.d. 6 (just before implantation). These doses were chosen to replicate the protocols of a previous study [23]. The control groups received an equal volume (100 μ l) of saline. At g.d. 12, the animals were killed. Some placentae ($n = 9$) were frozen in eppendorf tubes and stored at -80°C until processing for DNA extraction and immunoblot analysis. Some placentae ($n = 9$) were fixed in 4% buffered paraformaldehyde for TUNEL tests and immunohistochemical study.

2.3. Isolation of nuclear DNA for apoptotic fragmentation analysis

Total DNA was extracted by slightly modifying a previously described protocol [26]. Placenta ($n = 3$ from each group) DNA was isolated first in 10 mM Tris-Cl, 100 mM EDTA, 0.5% SDS, pH 7.5, as the extraction buffer, followed by extraction in phenol, chloroform and a final ethanol precipitation. After RNase A (QIAGEN Inc., Valencia, CA, USA) digestion at 100 $\mu\text{g}/\text{ml}$ for 1 h at 37°C , identical amounts of DNA were separated on 2.0% agarose gel electrophoresis. Then the gel was stained with ethidium bromide (1 $\mu\text{g}/\text{ml}$) and was photographed. The photographs were scanned and the intensity of band fluorescence was measured using Fragment NT Analysis Micro software (Molecular Dynamics, Sunnyvale, CA, USA). Nucleosomal DNA fragmentation values were expressed as the ratio of the intensity of the low molecular weight DNA fragmentation (≤ 15 kb) to the high molecular weight DNA (>15 kb).

2.4. TUNEL test of histologic sections using confocal analysis

Placentae ($n = 3$ from each group) in 4% buffered paraformaldehyde solution for 5 h were removed and placed in 15% sucrose solution overnight. After fixation, 10 μm sections were cut on a freezing microtome. The sections were subjected to TUNEL test, using In Situ Cell Death Detection Kit, Fluorescein (Boehringer Mannheim, Mannheim, Germany). Briefly, cryopressured

tissue sections were permeabilized (0.1% Triton X 100 in 0.1% sodium citrate) for 5 min. Deoxynucleotidyl transferase and fluorescein-conjugated dUTP in TdT buffer were added to cover the sections which were then incubated in a humid chamber at 37 °C for 1 h. After washing, the sections were counterstained with propidium iodide (PI) (Sigma Chemical Company, St Louis, MO, USA). Positive control samples were prepared by incubating sections with DNase I (Sigma Chemical Company, St Louis, MO, USA) prior to treatment with terminal transferase. Negative controls were specimens to which deoxynucleotidyl transferase had not been added. Then the sections were analyzed for apoptotic DNA fragmentation using confocal analysis.

2.5. Immunohistochemistry

Immunohistochemical studies were performed on 4% buffered paraformalin-fixed, 10 µm thick cryosections. Three sections from each placenta were subjected to immunohistochemical study. Endogenous peroxidase activity was blocked by a 5 min treatment with 3% hydrogen peroxide in absolute methanol. Sections were then incubated in a humid chamber with the primary antibodies for 1 h at room temperature. The following primary mouse monoclonal antibodies were used in each case: Bcl-2 (2 µg/ml, Santa Cruz Biotechnology, Santa Cruz, CA, USA), Bax (2 µg/ml, Santa Cruz Biotechnology, Santa Cruz, CA, USA), actin (2 µg/ml, Santa Cruz Biotechnology, Santa Cruz, CA, USA) and caspase-3 (4 µg/ml, Santa Cruz Biotechnology, Santa Cruz, CA, USA). To minimize background staining, sections were preincubated with a 1 : 10 dilution of normal goat serum. To enhance the immunostaining, sections were digested with 10 µg/ml protease K (Sigma Chemical Company, St Louis, MO, USA) in phosphate-buffered saline, pH 7.6, for 15 min before incubating with the primary antibody. Sections were then counterstained with 0.5% hematoxyline (Sigma Chemical Company, St Louis, MO, USA), then destained briefly in HCl–alcohol before dehydration and mounting under glass coverslips with permount. To evaluate the specificity of the antibodies, negative control staining was performed by substituting mouse Ig-G with the primary antibodies.

2.6. Western blotting analysis

Placenta tissue samples ($n = 3$ from each group) were homogenized after addition of 500 µl sterilized water. The samples were then centrifuged at 12,000 rpm/min for 10 min at 4 °C. For the procedure of western blot analysis see the reports of Dai et al. [27].

2.7. Protein dot blotting

Placenta tissue samples ($n = 3$ from each group) were homogenized after the addition of 500 µl sterilized water,

and were suspended on ice for 30 min. The samples were then centrifuged at 12,000 rpm/min for 15 min at 4 °C. The protein content in supernatants was determined by the BioRad protein assay (BioRad, Hercules, CA, USA). The following protein dot blot was carried out according to the procedures described by previous reports [28,29]. Aliquots of equalized amounts of protein were loaded in the wells of the Bio-Dot microfiltration units and allowed to filter through the nitro-cellulose membrane by vacuum. The membrane was removed from the apparatus and was then blocked in TBS (500 mM NaCl, 15 mM Tris–Cl, pH 7.5) containing 3% gelatin for 2 h. The blocking solution was removed and replaced with fresh solution containing 1% gelatin and reacted with 0.5 µg/ml monoclonal antibody anti Bcl-2, Bax, β-actin and caspase-3 (Santa Cruz Biotechnology, Santa Cruz, CA, USA). After incubation for 3 h at 37 °C, the membrane was washed three times in TBS and incubated for 2 h with peroxidase-conjugated protein A (1 : 1000) in TBS containing 1% gelatin. After three washes in TBS, membrane was developed by using the ECL western blotting detection system (Amersham International, Amersham, UK), according to the manufacturer's instructions. The membrane was then scanned and qualified by densitometry using Fragment NT Analysis Micro software (Molecular Dynamics, Sunnyvale, CA, USA).

2.8. Statistical analysis

Values are reported as the mean ± SEM. Statistical analysis was made by one-way ANOVA, and when significant treatment effects were indicated, the Student–Newman–Keuls multirange test was employed to make pairwise comparisons of individual means.

3. Results

3.1. Apoptosis induced by IFNγ in placenta

DNA ladders, characteristic of the apoptotic cleavage of nuclear DNA into small fragments between nucleosomes, were generated in placentae of all groups. Quantitative analysis of the small DNA fragments (≤15 kb) did not reveal significant change between normal and 50,000 IU IFNγ treated pregnant rabbits. By contrast, a significant increase ($P < 0.05$) was demonstrated in 100,000 IU IFNγ treated rabbits compared with those in normal pregnant rabbits (Fig. 1, A1).

To localize the apoptotic cells in placenta, selected sections from each group were subjected to confocal analysis. Analysis of the staining for placenta in treatment and control groups confirmed that apoptosis occurred in the syncytiotrophoblast, while cytotrophoblast was rarely detected for apoptosis (Fig. 1, A2–A4).

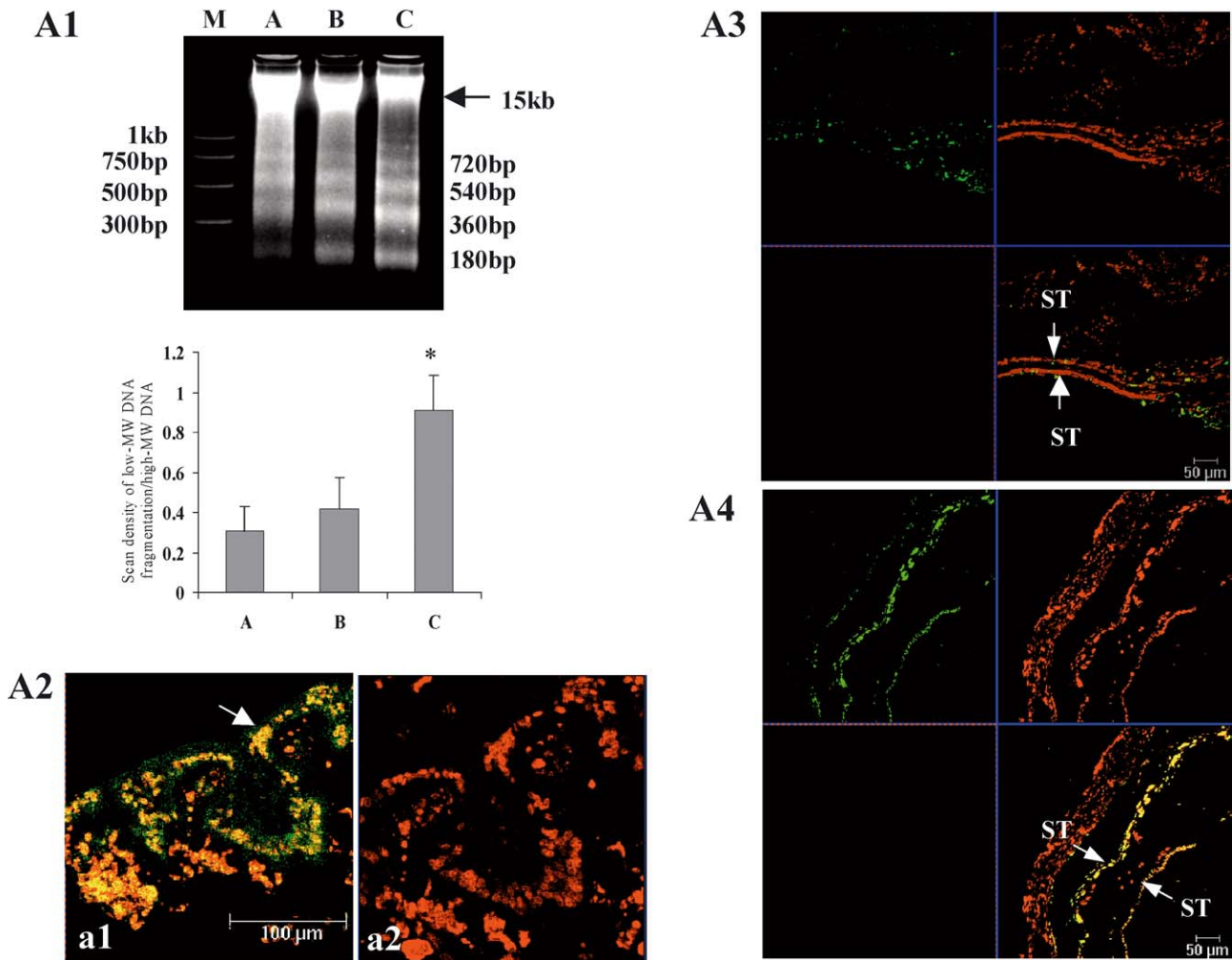


Fig. 1. Apoptosis in rabbit placenta. A1. Apoptotic fragmentation of DNA in placenta. Placenta tissues were obtained from g.d. 12 pregnant rabbit. DNA was isolated from placenta tissues and qualified by densitometry using Fragment NT scan software. An arrow indicates the point at which gels were cut for quantitation of the high and low-MW DNA. The DNA fragmentation values are expressed as the ratio of the intensity of the low-MW DNA to the intensity of the high-MW DNA. Statistical analysis was performed using ANOVA followed by the Student–Newman–Keuls multirange test. *Means significant change compared with control groups. (A) DNA from normal placenta (three cases); (B) DNA from placenta in rabbit treated with 50,000 IU IFN γ on g.d. 6 (just before implantation) and killed on g.d. 12 (three cases); (C) DNA from placenta in rabbit treated with 100,000 IU IFN γ on g.d. 6 and killed on g.d. 12 (three cases). A2. In situ 3'-end-labelling of DNA in the sections of placenta. The placenta tissues were obtained from g.d. 12 pregnant rabbit. Each sample was fixed in 4% buffered paraformaldehyde, and in situ 3'-end-labelling of DNA with fluorescein-conjugated dUTP was performed. Incorporation of fluorescein-conjugated dUTP into 3'-ends of DNA was detected with confocal analysis. The sections were counterstained with PI, as described in Section 2. The incorporation of fluorescein-conjugated dUTP is represented by the green coloration and such staining was the result of the apoptotic cleavage of DNA. The red fluorescence represented the nucleus of all cells in tissue. (a1) In normal and IFN γ treated placenta (nine cases) apoptosis localized predominantly in syncytiotrophoblast in all cases (arrow) and little apoptosis was detected in cytotrophoblast; (a2) in negative control section of placenta, deoxynucleotidyl transferase was not added. A3–A4. The effect of IFN γ on apoptosis in placenta during early gestation using TUNEL. A3, control; A4, treated with 100,000 IU IFN γ . ST, syncytiotrophoblast.

3.2. Localization of Bcl-2 and Bax protein and the enhancement of Bax to Bcl-2 ratio by IFN γ

Bcl-2 protein was localized predominantly to the syncytiotrophoblast cytoplasm in placenta in both normal and IFN γ treated groups. Bcl-2 staining was generally undetectable or expressed at low levels in cytotrophoblast. However, Bax protein was localized to limited cytotrophoblast. Bax was not expressed in the

syncytiotrophoblast and in most of the cytotrophoblast (Fig. 2).

The results of Western blotting analysis showed that there was a special band respectively in responded location of molecular weight. The result showed specificity of antibodies of Bax and Bcl-2 (Fig. 3). Immunoblot analysis showed that either Bcl-2 or Bax expression was decreased 0.44 fold and 0.46 fold, respectively, by 50,000 IU IFN γ administration and 0.41 fold and 0.03 fold,

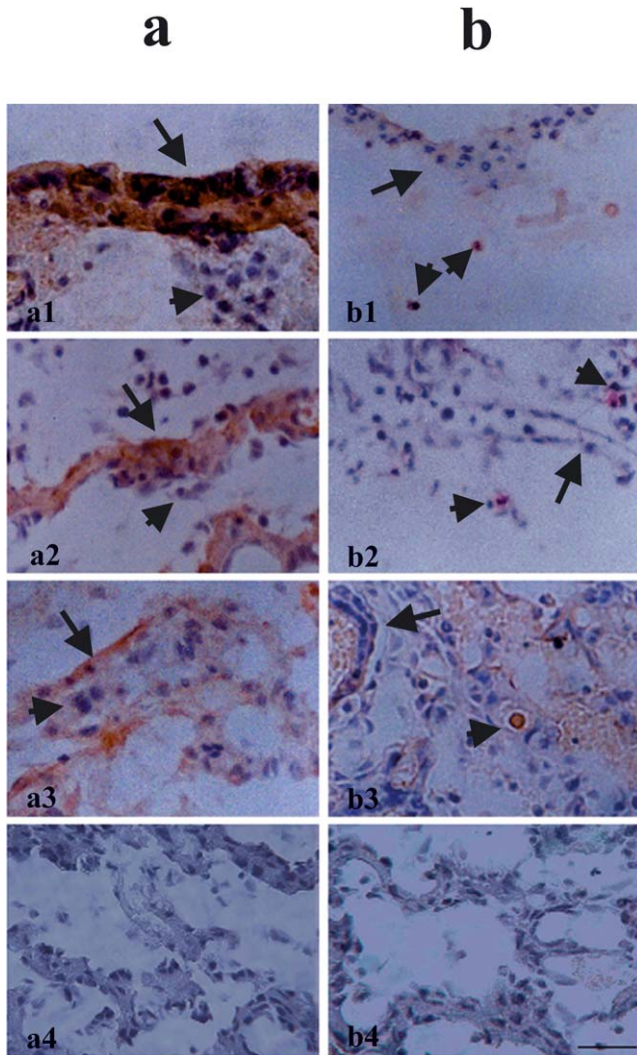


Fig. 2. Bcl-2 and Bax expression in g.d. 12 pregnant rabbit placenta. a: Bcl-2 expression. The stain was developed with 3,3' diaminobenzidine and H_2O_2 . Bcl-2 antibody clone C-2. (a1) In normal placenta (three cases), the staining was confined to the syncytiotrophoblast cytoplasm (long arrow), whereas the cytotrophoblast (short arrow) was negative. (a2) In placenta from rabbit treated with 50,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the syncytiotrophoblast cytoplasm (long arrow), whereas the cytotrophoblast (short arrow) was negative. (a3) In placenta from rabbit treated with 100,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the syncytiotrophoblast cytoplasm (long arrow), whereas the cytotrophoblast (short arrow) was negative. (a4) In negative control section of placenta, the Bcl-2 antibody was replaced by mouse Ig-G. b: Bax expression. The stain was developed with 3,3' diaminobenzidine and H_2O_2 . Bax antibody clone B-9. (b1) In normal placenta (three cases), the staining was confined to the limited cytotrophoblast cytoplasm (short arrow), whereas the syncytiotrophoblast (long arrow) was negative. (b2) In placenta from rabbit treated with 50,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the limited cytotrophoblast cytoplasm (short arrow), whereas the syncytiotrophoblast (long arrow) was negative. (b3) In placenta from rabbit treated with 100,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the limited cytotrophoblast cytoplasm (short arrow), whereas the syncytiotrophoblast (long arrow) was negative. (b4) In negative control section of placenta, the Bcl-2 antibody was replaced by mouse Ig-G. Bar = 40 μm and applies to (a1)–(a4), (b1)–(b3).

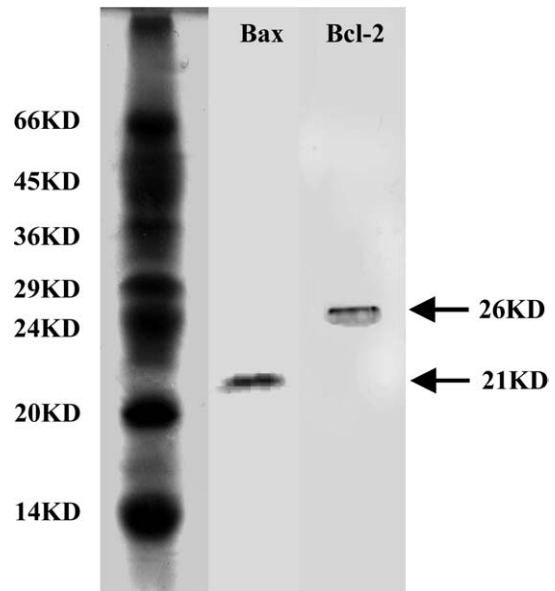


Fig. 3. Specific detection of antibodies of Bax and Bcl-2 by western blotting.

respectively, by 100,000 IU $IFN\gamma$ administration. There is no significant difference in β -actin expression between control and $IFN\gamma$ treated groups. These changes resulted in a 0.07 fold increase in the Bax to Bcl-2 ratio in 50,000 IU $IFN\gamma$ administration and 0.41 fold increase in 100,000 IU $IFN\gamma$ administration compared with those in the normal group (Fig. 4). There is significant difference in Bax to Bcl-2 ratio between control and 100,000 IU $IFN\gamma$ treated groups ($P < 0.05$).

3.3. Caspase-3 protein localization in placenta and the effect of $IFN\gamma$ on its expression

Caspase-3 protein was localized to the syncytiotrophoblast and cytotrophoblast in placenta in normal and $IFN\gamma$ treated groups (Fig. 5). $IFN\gamma$ (50,000 IU) and 100,000 IU $IFN\gamma$ increased caspase-3 expression 1.03 fold and 1.68 fold, respectively (Fig. 6). There is significant difference between control and 100,000 IU $IFN\gamma$ treated groups ($P < 0.05$).

4. Discussion

In the placenta, as in other complex organs, the development and maintenance of functional tissue structures depend on the balance among cellular proliferation, maturation and death. It has been reported that apoptosis plays an essential role in controlling the physiological cell kinetics in female reproductive organs and tissues, such as the endometrium [30], ovarian follicles [31], the regressing decidua [32] and the placenta. Dysregulation of the apoptotic process probably causes a variety of diseases, for example, enhanced apoptosis is

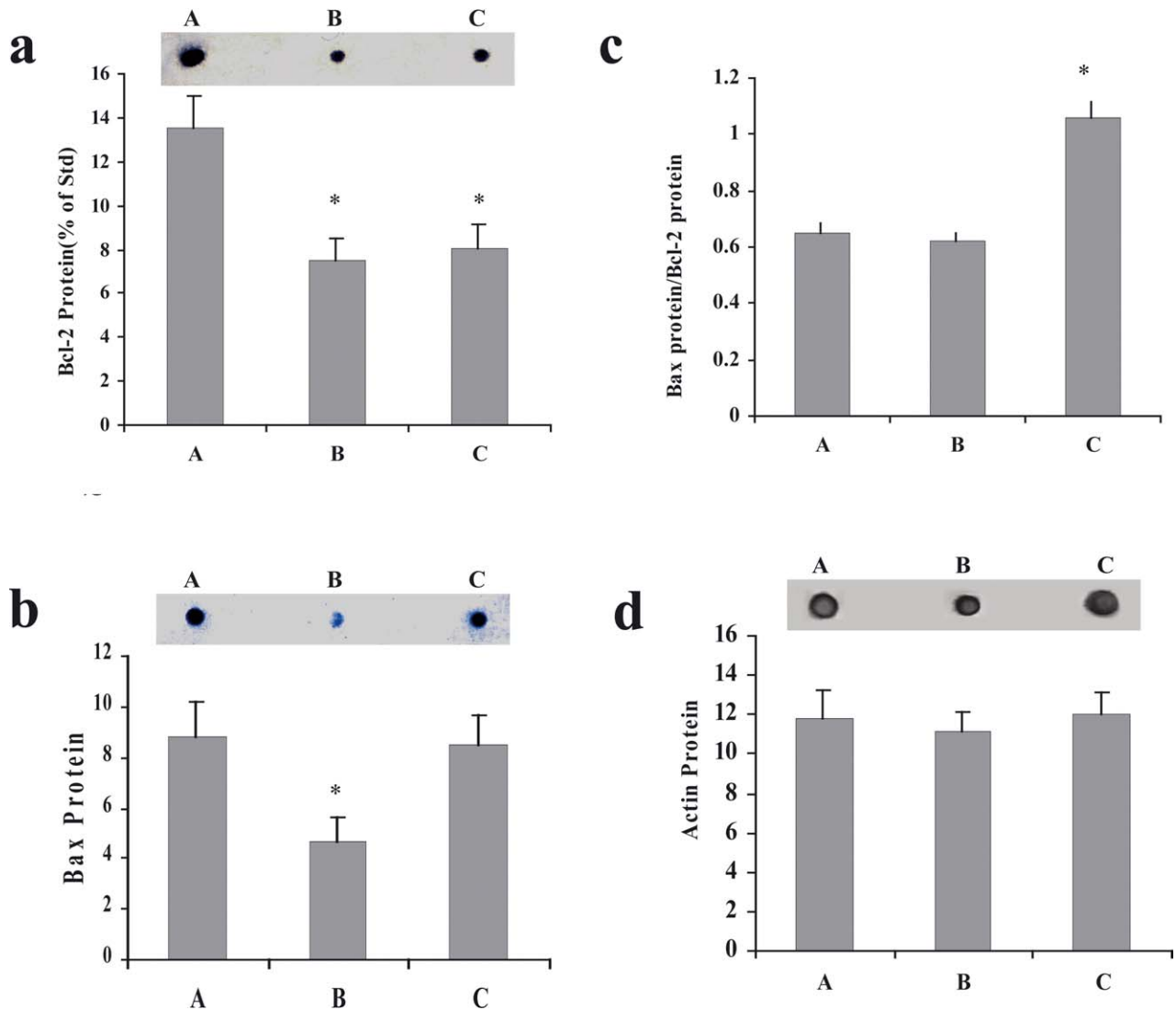


Fig. 4. Immunoblot analysis of Bcl-2 and Bax protein expression in placenta. (a) The upper panel is a representative immunoblot of Bcl-2 expression in placenta from control and IFN γ treated groups. The lower panel summarizes the densitometric analysis of replicate experiments ($n = 3$). Refer to Section 2 for detailed explanations. Statistical analysis was performed as in Fig. 1. *Means significant change compared with control groups ($P < 0.05$). A, control; B, treated with 50,000 IU IFN γ ; C, treated with 100,000 IU IFN γ . (b) The upper panel is a representative immunoblot of Bax expression in placenta from control and IFN γ treated groups. The lower panel summarizes the densitometric analysis of replicate experiments ($n = 3$). Refer to Section 2 for detailed explanations. Statistical analysis was performed as in Fig. 1. *Means significant change compared with control groups ($P < 0.05$). A, control; B, treated with 50,000 IU IFN γ ; C, treated with 100,000 IU IFN γ . (c) The effect of IFN γ on the Bax to Bcl-2 ratio. Statistical analysis was performed as in Fig. 1. There is significant change between control and 100,000 IU IFN γ treated groups ($P < 0.05$). (d) The upper panel is a representative immunoblot of β -actin expression in placenta from control and IFN γ treated groups. The lower panel summarizes the densitometric analysis of replicate experiments ($n = 3$). Refer to Section 2 for detailed explanations. Statistical analysis was performed as in Fig. 1. A, control; B, treated with 50,000 IU IFN γ ; C, treated with 100,000 IU IFN γ .

associated with abnormal pregnancies such as first trimester abortions, ectopic pregnancies [17], fetal growth restriction or preeclampsia [33,34].

The present study investigated whether apoptosis in placenta was affected by IFN γ administration. DNA fragmentation analysis revealed the ladder pattern that is characteristic of the apoptotic cleavage of nuclear DNA in all cases and the small DNA fragments increased significantly in placenta treated with high dose of IFN γ . Our analysis in situ resulted in dense

labelling of the syncytiotrophoblast in all cases. To date there are no reports about apoptosis in rabbit placenta and the effect of IFN γ on apoptosis in placenta. The present study demonstrated that apoptosis occurs in normal rabbit placenta and IFN γ induced the extent of apoptosis for the first time. The results of apoptosis occurring in normal placenta from pregnant rabbit accorded with the previous work in human [15,16]. It is suggested that a possible benefit of the loss of trophoblast during gestation is consequential thinning.

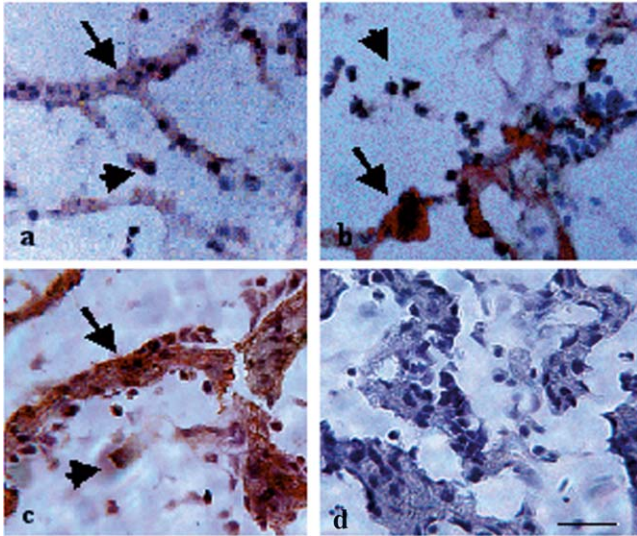


Fig. 5. Active caspase-3 localization. The stain was developed with 3,3' diaminobenzidine and H_2O_2 . Active caspase-3 antibody clone E-8. (a) In normal placenta (three cases), the staining was confined to the syncytiotrophoblast (long arrow) and cytotrophoblast cytoplasm (short arrow). (b) In placenta from rabbit treated with 50,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the syncytiotrophoblast (long arrow) and cytotrophoblast cytoplasm (short arrow). (c) In placenta from rabbit treated with 100,000 IU $IFN\gamma$ at g.d. 6 and killed at g.d. 12 (three cases), the staining was confined to the syncytiotrophoblast (long arrow) and cytotrophoblast cytoplasm (short arrow). (d) In negative control section of placenta, the caspase-3 antibody was replaced by mouse Ig-G. Bar = 40 μm and applies to (a)–(c).

Trophoblast thickness is an important determinant of passive diffusive conductance and evidence from various sources shows that attenuation *in vivo* is a positive adaptive response [35,36].

In human placenta Nelson et al. [37] have assessed the expression of three important members of the bcl-2 gene family: Bax, Bcl-2 and Bak. Bcl-2 protein, which is known to inhibit apoptosis, was expressed throughout the syncytium of normal villi with much less staining in cytotrophoblast. Bcl-2 protein was least abundant in term placentas complicated by severe preeclampsia or intrauterine growth retardation than in normal term placentas [38]. Expression of the pro-apoptotic Bax protein was undetectable in the syncytiotrophoblast and was expressed in rare cytotrophoblast. Localization of a second pro-apoptotic protein, Bak, revealed immunoreactivity in isolated areas of intact syncytium of normal villi [37]. In the present study, we surveyed the changing patterns of Bax and Bcl-2 expression in normal placenta and $IFN\gamma$ treated placenta using immunohistochemistry and immunoblot. Our analysis using immunohistochemistry indicated that syncytiotrophoblasts were stained for Bcl-2, whereas cytotrophoblasts were negative in normal and $IFN\gamma$ treated placenta. The results agree with the work of Dai et al. [27].

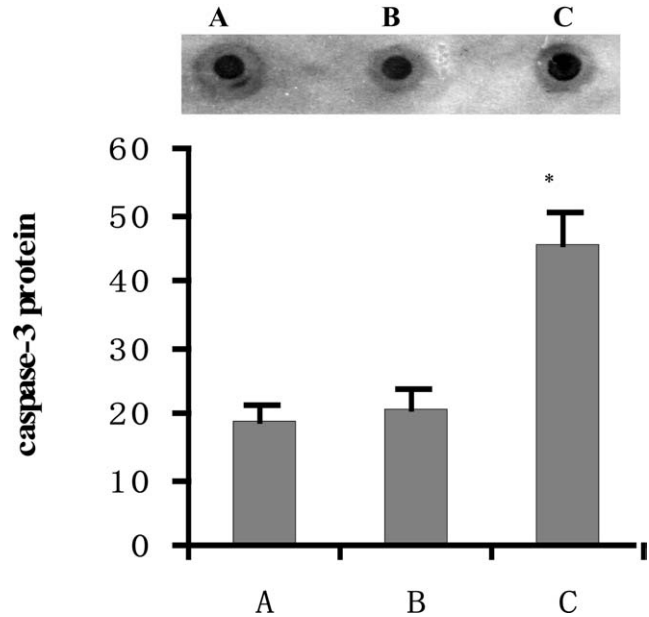


Fig. 6. Immunoblot analysis of active caspase-3. The upper panel is a representative immunoblot of active caspase-3 protein in placenta from control and $IFN\gamma$ treated groups. The lower panel summarizes the densitometric analysis of replicate experiments ($n = 3$). Refer to Section 2 for detailed explanations. Statistical analysis was performed as in Fig. 1. There is significant change between control and 100,000 IU $IFN\gamma$ treated groups ($P < 0.05$). A, control; B, treated with 50,000 IU $IFN\gamma$; C, treated with 100,000 IU $IFN\gamma$.

There are different reports in the level of expression of bcl-2 and bax. Amato et al. [39] reported that Bcl-2 expression in human placenta was maximal during the second trimester while Bax protein was greatest during the first and third trimesters. Whereas, De Falco et al. [40] reported that Bcl-2 was generally expressed at low levels during the entire gestational period. On the other hand, Bax was low during the first trimester but increased towards the end of gestation. Our data suggested that the level of expression of both Bcl-2 and Bax was increased during the gestational period [41].

Baker et al. [42] reported TUNEL staining produced incongruous results with transmission electron microscopy, which remains the criterion standard in the assessment of apoptosis, so their findings discredit the use of TUNEL staining for the assessment of placental apoptosis. We think it is still a convenient method to detect apoptosis. To date in most studies the level of apoptosis is detected by the TUNEL method.

In accordance with the change of ratio of Bax to Bcl-2, apoptosis occurs in all placental cell types and increases from first to third trimester. The literature is almost consistent in this point of view [40,43].

More apparent apoptosis was found in the cytotrophoblasts and syncytiotrophoblasts layer of villi from pregnancies complicated by fetal growth restriction, preeclampsia or most failing pregnancies than in the trophoblast layer of villi from control pregnancies

[33,34]. There was no difference between the two groups in the expression of the proteins from the Bcl-2 family.

The result of our immunoblot assay showed that IFN γ decreased both Bcl-2 and Bax expression but increased the Bax to Bcl-2 ratio. The results provided the evidence that the Bax to Bcl-2 “rheostat” might be a more critical factor in regulating apoptosis in the IFN γ treated placenta than Bcl-2 and Bax’s function in controlling cell death independently. These findings were in agreement with those of Tilly et al. [44] who reported that the ratio of Bcl-2 to Bax expression was probably a critical determinant of cell fate in ovarian granulosa cells during follicular maturation and atresia.

The Bax to Bcl-2 ratio is an important life and death rheostat for cells and this rheostat is influenced by competitive dimerization between the two proteins [45]. When there is an excess level of Bax, hetero-dimerization of Bax and Bcl-2 inhibits the action of Bcl-2 while homo-dimerization of Bax triggers the death signal cascade in the mitochondria. Bax homo-dimers destabilize the lipid bilayer structure of the outer mitochondrial membrane, promoting formation of a pore large enough to allow release of cytochrome *c* and apoptosis inducing factor (AIF) into the cytosol [46]. In the cytosol, cytochrome *c* binds to apoptotic protease activating factor-1 (Apaf-1) in the presence of dATP. Caspase-9 is then activated by binding of the caspase recruitment domain (CARD) in its prodomain to the CARD in Apaf-1. Then caspase-3 is activated and the apoptotic cells were executed.

Caspase-3 is one of effectors of apoptosis. It participates in apoptosis in a manner reminiscent of a well-planned and executed military operation. It cuts off contacts with surrounding cells, reorganizes the cytoskeleton, shuts down DNA replication and repair, interrupts splicing, destroys DNA, disrupts the nuclear structure, induces the cell to display signals that mark it for phagocytosis, and disintegrates the cell into apoptotic bodies. In the present study, caspase-3 localization was identified in syncytiotrophoblast and cytotrophoblasts, and showed increment in placenta with treatment of IFN γ .

Taking the previous work [41,47] and our present study together, we can conclude that the administration of IFN γ into pregnant rabbit at the time of implantation may induce apoptosis in syncytiotrophoblast within six days, and one of effects of IFN γ results from the enhancement of Bax to Bcl-2 ratio and the activated caspase-3. It suggested that the application of IFN γ to a pregnant female would result in dysregulation of apoptosis in placenta, which would lead to abortion.

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